

CreatePlayWrite



Breaking the Silence of the Page

"Reaping Autumn's Riches"

10 October 2015

If you have ever thought 'I'd like to write but don't know how to start'? Or are you a regular writer who is looking for new ways in which to influence your writing routine? Then this workshop is for you! Held in the rustic potting shed within in the beautiful surroundings of National Trust's Nymans Gardens, this creative writing workshop is designed to provide an encouraging and inspiring space in which to explore your imagination and to help you get your words flowing. Should the autumn chill set in, fear not: the potting shed comes with its own wood-burning stove to keep us cozy and our inspiration warm.

Deborah will offer you strategies to take away the fear of the blank page and will encourage you to find your writing voice.

During the day you will be guided through a series of writing exercises aimed at engaging all your senses and there will be an opportunity (weather permitting) to allow the natural surroundings to inspire your writing.

The workshop will run from 10.00am until 3.30pm with a 45 minute break for lunch. The cost of the workshop is £35 and includes tea, coffee and cake and entrance to Nymans Gardens. (Please advise about any dietary requirements at time of booking). Lunch can be bought at Nymans Café or you can bring your own packed lunch.

Part of the workshop may include a short walk in the gardens, weather permitting. If you have any mobility problems, please let Deborah know in advance. The Potting Shed is wheelchair accessible and there are accessible toilets close by.

Some comments from previous workshops

"A very safe space in which to create and share. Beautifully led and facilitated. Great variety of exercises"

"More...more...new, inspiring, fun - a great way to spend a Friday...thank you"

"...Liberating, fun, so glad I came..."

"Really helpful day for me...loved the relaxed feel...am leaving feeling very inspired to write"

Deborah has a life-long interest in writing and its creative and therapeutic powers. She has had work published in various anthologies, in Sudden Prose and in MSlexia literary magazine. Her poem "Shell Shock" was awarded second

place in the 'Bigger Picture' war poetry competition and currently she is working on a poetry collection. After graduating from University of Sussex with an MA in Creative Writing and Personal Development she started to develop and run creative writing and therapeutic writing workshops for adults and children. She is the writing facilitator for Prinsted Addiction Treatment Centre.

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Participant Form

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| Workshop details My contact: 07736 705904 Saturday 10 October 2015 10.00 -15.30 Feel free to arrive by 09:45 to enjoy a hot drink before a prompt 10.00 start. | The Potting Shed Nymans Gardens Handcross, Haywards Heath, Sussex RH17 6EB 01444 405250 Tea/coffee and cake provided. Please bring your own lunch or you can buy food at the Nymans Café. Please bring suitable footwear and clothing for a short walk in the gardens. |
| Name | |
| Address | |
| Best contact number (mob if possible) | |
| Dietary requirements (eg gluten free, vegetarian) | |
| How did you hear about this workshop? | |

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| Payment details Cancellations can be made up to 12 September 2015. After this date refunds cannot be made. If the workshop is cancelled for any reason I will refund all monies in full. | Cheque payable to: Deborah Sloan 4 Varndean Holt, Brighton, BN1 6QX Online banking: 70998117 20-98-74 D G Sloan |
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Please either print this form and post to the address above or complete it by typing in the spaces and emailing to deborahgsloan@btinternet.com

Thank you.